

## **Human Behavior.**

Human behavior is a field of ever evolving studies. There is always going to be a more effective way to connect with an individual. And a more effective way to interact with a group of people. And their relations with each other. Connecting to any society is always challenging.

What are we to say of, "the way we expressed ourselves". Compared to our closest neighbor. When communicating with the entire world. And one day beyond that. There are many things that, effect the human behavior, and their interactions.

How the individual's physical condition, and health is important. Or how their mental condition, affects their life, and the lives of the people they interact with. And how groups of individuals, think, convey, act, and responds to internal and external stimulus.

Shaped by a complex interplay of biological, psychological, and sociocultural factors. Like genetics, environment, personality traits, cultural, and society norms.

It is not possible, to have prior knowledge of all the subtle human behaviors. Given the diversity of populace. Ther are however, a few concepts, that a person may view, or study behavior through. That may offer insight to more common traits of behavior. Imagine, if you took pictures of the world around you. Through these theoretical lenses.

### **Behaviorism – punishment and reward**

#### **Punishment**

Anxieties that develop, are rooted in peer pressure. Forced upon individuals by the fast pace of societies systems. Their arrangements. Their schemes. Their organizations. Their governess.

Peer pressure is, an invisible form of containment. That relies heavily on, the concept of "what if", and, "just in case", and "what is permitted". And this is "better than that". Or, reference to another person, or group. Implying that, their recommendations, and approvals, are paramount.

That the credibility, the trust, and the emotion, of a person. Dare not be of non-importance. And remolded to nothing. As this recourse would have future implications. That may be, below the current standards.

To such an end, that the mind develops a fear of scornfulness. That a person ends up, as the laughing stock of the community. This may even force an individual into a state of compliance. The voluntarily, self-governed prison. Of choice.

There are times that, people are, paraded through the system, as the "scape goat". Should non-compliance be, declared. Management, will make an example out of the individual. Utilizing the full extent of the law. Retaining control over other individual behaviors. Through tactic, opportunity, and environment.

However, an individual that does not fit the narrative is repeatedly ostracized. And is the act of deliberately excluding a person from a group, society, or activities. To hurt them, or cause them to be, treated as if they do not exist. It is a silent, invisible form of bullying that can have a profound negative impact, leading to feelings of pain, loneliness, and a desire to belong.

Here, society never takes responsibility for the birth, of these members. And the collective responsibilities, that they exist because of societal driven participation. While retaining control over the individual, through exclusion. This is the hall mark of an intelligent society.

### Rewards

Are, not the opposite to punishment. In fact, they reinforce behavior. They only increase the likelihood of a desired behavior. By providing a desirable stimulus after the said action is, achieved. Only while there is reinforcing.

A visible stimulus should immediately be effective. This creates a clear distinction of the desired behavior, and is more likely to be, repeated. While non-visible reward stimulus, like motivations, praise, pep talks, extra time, and certain privileges. Are more likely to encourage repeated behavior.

Therefore, a person, would memorize, the correct answers, and produce the desired result. While the system is, enforced. Both the person who rewards, and the person who receives reward, role play. Both the enforcer and the receptor, now fix themselves into a time trap. On a different level.

So, each person in their capacity is part of a system. And the scenario of "role play", ends, when the system is not relevant anymore.

Rewards and punishment, has an "Achillies heel". Rather than address the root cause of that behavior, or underlying issues, or reasons for the "mis-behavior". Verses, defining the "required behavior", of the system. As opposed to "natural behavior".

Another consideration is. An individual always wants credit, and reward, for the creation of these members. And the few, if given a chance, would claim entitlement, over the collective. The same society, would praise, and claim pride, adding pressure to the up-keep of an un-natural system. Few understand. And most participate in, out of self-interest. This is the hall mark of an intelligent society.

**Fatalism – is a belief in destiny, or a pre-determined outcome.**

That you have no control over. This the human condition can be a result of, disposition to an education system, religious values, a particular society, and cultural differences. In its root form.

It suggests that life is, predetermined, by a deity, and the deterministic nature of the universe. Proposing that all events, all action, and all behaviors are subjects to fate. Alluding to a self-resignation attitude, in the face of inevitable circumstances.

And that the character of the human condition is due to its recombination of genes. And is bound to happen, regardless of intervention. And deals with the subjugation, to events not within one's control.

Hence, that humans have no power to influence the outcome, or their future. Or their thoughts, or their conduct. Or their actions. And their only recourse, is to foster a submissive attitude to events. That results from a fatalistic attitude. And impartiality to such events.

### Determined

A philosophical and scientific idea. That states, all, choice, and action of a human, is a result of a preceding cause. The disposition to genetic predispositions, biological processes, and environmental influences. This challenges the idea of free will. Rendering it an illusion.

### Determined Behavior

Fatalism is a simple belief. And it is somehow, that this behavior is, enforced by the determinist. That fine line, between a fatalistic, and a deterministic nature. Today's human driven behavior, blurs that line.

Deterministic philosophical doctrine, states. That all events, including human action, are ultimately determined by causes regarded eternal to the will.

Since, the deterministic nature of humankind, would be one on rulership. Of territory and environment. Rooted in a philosophy, that man cannot be, left to his own behavior. That his energy should needs a channel. Outside of his control. A force that a few have privilege to wield. And this ought to resonate.

The distribution of knowledge, its application, wealth, and time, and quality of life is, permitted. And limited. Inherited by internal selection.

So, steered fate is by the acquisition, dispersal, and control of capacity. Toward an inclusive planned scheme. A useful theoretical philosophy. That steers human behavior.

## **Humanism – and intertwined philosophy, emphasizing freewill.**

Humanism is a philosophy. It is more of a rational outlook, or system of thought. Favoring human importance, rather than a divine, or supernatural matters. It focuses on the development of human virtue. It encourages the understanding of values like, benevolence, and eloquence. Balanced with action and contemplation. The promotion of human autonomy, critical scrutiny, self-inquiry. That assess the dignity and the potential of human capabilities.

This philosophy seeks to encourage growth. Of culture and its reform. And the fullest growth of the individual. In areas such as, love, fulfillment, and self-worth. When facing opposed views of a determinist behavior.

Characterized by elements of complexity, nonlinearity, and context dependency.

### **Intwined philosophy**

Stoicism influenced the early Renaissance Humanism movement.

A stoic way-of-life. Achieves virtue by living in accordance with nature and reason. Central to their philosophy is deciding, defining, and accepting what is within control. They focus on their response and actions, accepting reformation. Applying a stance of emotional resilience in the face of adversity. While refraining from an excessive behavior of emotional reactions and complaints. That should alleviate, the stress, and anxieties of past and future.

Fostering a strong belief in the rational interconnectedness of nature. Governed by a divine reason. As opposed to a humanism approach that favors human importance.

### **Freewill**

Is the idea that an individual has an active role in making choices, and controlling their behavior. That a person's thoughts, conduct, and actions are self-determined. And they choose how to act, therefore they are responsible for such. Independently of any prior cause, event, or any determinism.

Generally, it is the capacity, or the ability of people. That arguable is, influenced by external factors. Such as, environmental factors, geographic location, genetic make-up, and societal contributions.

That drives experience, memory retention, and this builds an emotional database. Within the said person. A triggers a fight or flight response. To which end, serves a communicated record.

Examples: are of communication, conflict, cooperation, social and other interaction.

## **A note on human behavior – environmental correlations**

A strange thing about human behavior. Is the mixture of behavior on different life events, cycles, and stages. Even though the individual may generally have an overall distinct outlook, and belief.

### Examples

So, the adage stands. "If you do not arrange your life. Someone else will rule over you. To their advantage". Implying personal adage, and self-determination, to avoid the exploit of others. (Humanism).

Yet, when the same person plays a game of chance, like the Lotteries. Paying for a quick pic ticket, for "a laugh", or, "just in case". Even though the fact stands, that the designed system takes your money. That fate, can beat the system in your favor. (Fatalism).

Natural disasters are other scenarios. You live next to a volcano. A given that, at some point it will erupt. Yet, you choose to stay in proximity. Even with early warning systems, and contingent planning. Local people of the area will, historically, adapt such a philosophy. "If it is my time. Then I have lived my life". Proclaims that you resign to mixed thoughts. Maybe even an underlying part belief. (Fatalism / Humanism).

Your child is, rewarded for an academic, or sports achievement, is another scenario. Afterwards, you bestow upon your child, a gift, and praise. Later you publicize the event, the reward, and your pride. (Behaviorism).

So, through what theoretical lens, are we going to look at life, into the future. Will the mix be an indication of humanities overall growth? I wonder!

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