

## **Note: Affirm-action.**

To enable any change within yourself, it needs to be your choice.

You need to alter your perspective, thereby your world surely will change.

It helps, to live in the present fact, in that moment.

The past truth you cannot change, you had the chance to make a difference.

The present act, takes care, of the future fear. What has not happened, is not worth the present anxiety and stress.

Learn to embrace change. It is a constant principle, practical applied throughout all nature, and in all the universes.

## **A few thoughts to consider:**

Be cautious of what you feed your mind.

Enhance the boundaries of your emotional storehouse.

Guard your thoughts wisely.

Discipline your mind, it is your greatest asset.

Conserve your speech.

Not everything requires a response.

Alter your conduct, binding towards unity, in fellowship.

Align your actions to suit your affirmed belief.

Thereby preparing yourself to accept occasion.

Victory thrives on preparation.

The future manifests from, this moment's thoughts, our stored present emotion.

Our now speech, the presence of our conduct, and the power of our actions.

## **An affirm-action process:**

1. Affirm the emotion, the importance, and the reason for the affirmation. Aloud and before reading.

2. Read the affirmation-action aloud with conviction 3 times a day, without haste, and without distraction.

3. Repeat for 120 days or more.

4. Visible place the written, or printed affirm-action, in an area most frequented.

5. After the initial 120 days of input, read aloud and often into the future.

6. This will imprint the living objective onto the conscious mind.

Then, the subconscious mind that knows no duality, will ensure the living result becomes reality.

7. Thereafter, the living imprint will become part of the eternal soul.

After the reality is deeply rooted in everyday life, up to death of the multi or single cellular life. By definition. The passing on of the visible fleshly vessel.

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